

Ep 22 18 Feb 2023	How to manage Google Storage	AI could be used as a means to proactively protect against Cyber Attacks	Medical Research Online	Wikipedia
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Previous Show	In Your Neighbourhood - James Wray
Prompts	<ul style="list-style-type: none"> <li>• Call 9398 3100</li> <li>• Text</li> <li>• Facebook Magooit</li> <li>• Website Magooit</li> <li>• Show notes - magooit.com.au</li> </ul>
Next Shows	<ul style="list-style-type: none"> <li>• Rockaria with The Frankinator and Friends from 3-6pm</li> <li>• 4th Dimension until 9pm</li> </ul>
Recap	Next Saturday

Ep 23 25 Feb 2023	Do Not Disturb (and Silence mode)	Human fuel cells. Power miniature implants from your body's glucose deposits	Buying A Car Online - where?	Redbook
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Music Theme	Murder Ballads
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<ol style="list-style-type: none"> <li>1. Frankie &amp; Johnny - Elvis</li> <li>2. El Paso - Marty Robbins</li> <li>3. Delilah - Tom Jones  <p>Nick Cave, The 'Mercy Seat' singer has responded to news Sir Tom Jones' classic 'Delilah' has been banned from being sung at Cardiff's Principality Stadium due to its lyrics about a woman being killed by her jealous husband, and revealed he doesn't actually like the song in the first place.</p> <p>He said: "I understand there is a principle here, but on some level I like the fact that some songs are controversial enough to be outlawed.</p> <p>"It fills me with a kind of professional pride to be a part of the sometimes contentious business of songwriting. It's cool. I like it.</p> </li> <li>4. Mack The Knife - Bobby Darin</li> <li>5. Ballad Of Hollis Brown - Bob Dylan  <p>Technically speaking, "Hollis Brown" is a <i>tour de force</i>. For a ballad is normally a form which puts one at a distance from its tale. This ballad, however, is told in the second person, present tense, so that not only is a bond forged immediately between the listener and the figure of the tale, but there is the ironic fact that the only ones who know of Hollis Brown's plight, the only ones who care, are the hearers who are helpless to help, cut off from him, even as we in a mass society are cut off from each other....</p> </li> <li>6. I Don't Like Mondays - The BoomTown Rats  <p>According to Geldof, he wrote the song after reading a <a href="#">telex</a> report at <a href="#">Georgia State University's</a> campus radio station, <a href="#">WRAS</a>, on the shooting spree of 16-year-old <a href="#">Brenda Ann Spencer</a>, who <a href="#">fired at children in a school playground</a> at Grover Cleveland Elementary School in San Diego, California, on 29 January 1979, killing two adults and injuring eight children and one police officer. Spencer showed no remorse for her crime; her explanation for her actions was "I don't like Mondays. This livens up the day". Geldof had been contacted by <a href="#">Steve Jobs</a> to play a gig for Apple, inspiring the opening line about a "silicon chip". The song was first</p> </li> </ol>
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performed less than a month later.

7. **Psycho Killer - Talking Heads**

When it was finally completed and released as a single in December 1977, "Psycho Killer" became instantly associated in popular culture with the contemporaneous [Son of Sam](#) serial killings. Although the band always insisted that the song had no inspiration from the notorious events, the single's release date was "eerily timely"<sup>[11]</sup> and marked by a "macabre synchronicity"

8. **Where The Wild Roses Grow - Nick Cave & The Bad Seeds, Kylie Minogue**

Was written very much with Kylie in mind. I'd wanted to write a song for her for many years and I had a quiet obsession with her for about six years. I wrote several songs for her, none of which I felt was appropriate to give her. It was only when I wrote this song, which is a dialogue between a killer and his victim, that I thought finally I'd written the right song. I sent the song to her and she replied the next day.

9. **Moonlight Shadow - Mike Oldfield**

It has been suggested that the lyrics of the song are a reference to the [murder of John Lennon](#), despite the fact that the events in the song do not correspond with those of Lennon's murder. Mike Oldfield said he was staying a few blocks down the road from where it happened, so perhaps it crept into his subconscious.

10. **Miss Otis Regrets - Cole Porter 1934 - Bette Midler**

The song began during a party at the New York apartment of Porter's classmate from Yale, Leonard Hanna. Hearing a cowboy's lament on the radio, Porter sat down at the piano and improvised a parody of the song. He retained the referential song's minor-keyed blues melody and added his wry take on lyrical subject matter common in country music: the regret of abandonment after being deceitfully coerced. Instead of a country girl, however, Miss Otis is a polite society lady.

11. **I Shot The Sheriff - Eric Clapton**

Written by [Bob Marley](#) and released in 1973. He said "I want to say 'I shot the police' but the government would have made a fuss so I said 'I shot the sheriff' instead... but it's the same idea: justice."

12. **Smooth Criminal - Michael Jackson**

The lyrics describe a narrator who finds a bloodstained carpet and an unconscious body. The chorus refrain, "Annie, are you OK?", was inspired by [Resusci Anne](#), a dummy used in [cardiopulmonary resuscitation](#) training. Trainees learn to say "Annie, are you OK?" while practicing resuscitation on the dummy.

13. **Bohemian Rhapsody - Queen**

Written by lead singer [Freddie Mercury](#), the song is a six-minute [suite](#), notable for its lack of a refraining chorus and consisting of several sections: an [intro](#), a [ballad](#) segment, an [operatic](#) passage, a [hard rock](#) part and a reflective [coda](#). It is one of the few [progressive rock](#) songs of the 1970s to achieve widespread commercial success and appeal to a mainstream audience.

14. **Cell Block Tango - Catherine Zeta Jones etc from Chicago**

15. **The Hanging Tree - Jennifer Lawrence - From The Hunger Games**

12:00	Disclaimer and studio cutover (if required)
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BUMPER	Intro and voiceover
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Welcome, intro and any special chit chat

SONG	Elvis
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1	TIPS & TRICKS - RECAP
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Last Time	Bluetooth Speakers
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Bluetooth speakers are a great way to amplify the sound from your phone speakers. Whether you're listening to music, watching a movie, or using your phone for a conference call, having a quality Bluetooth speaker will make a huge difference in the sound quality.

First you need to have a device that supports bluetooth (to transmit).

Then you need a speaker to receive and amplify the sound.

You need to PAIR your device using a pairing code. Some devices display a unique number that you need to type in to both devices (or validate in some way).

#### **iPhone/iPad:**

- Settings -> Bluetooth ON -> My Devices -> Other Devices

#### **Android:**

- Settings -> Bluetooth (maybe long press from pulldown) -> + Pair new device

#### **Windows:**

- Bluetooth & devices -> Add device

#### **Car Stereo:**

- Look for Menu Options - sometimes long pressing volume dial, or press the button with a picture of a phone. Consult the manual (get it from the internet if you can't find it)
- Android Auto

#### **Bluetooth Speakers:**

- Sometimes they have a pairing button
- Often you just press and hold the power button to enter pairing mode
- Forgetting Devices
- No more space to pair additional devices

SONG	
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<b>ADS</b>	
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<b>2</b>	<b>TIPS &amp; TRICKS - SOMETHING NEW</b>
<b>This Time</b>	<b>Managing your Google Storage</b>

Every Google Account comes with 15GB of storage for free when you register. This includes storage for Gmail, Google Drive, Google Docs etc... and Google Photos. This is typically enough, but it can fill up with unnecessary files if you don't keep on top of it.

Some file types take up more space than others including PDF, Images, Videos, Downloads, Recordings. You can target these looking for larger files, duplicates

### **Android**

Files by Google App - Clean, Browse

### **PC**

To clean up your photos

[photos.google.com/search/\\_tra\\_](https://photos.google.com/search/_tra_)

### **Windows**

Download your photos to your PC using Windows Photos App and USB cable.

<b>SONG</b>	
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<b>STINGER</b>	<b>NEWS</b>
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<b>3</b>	<b>NEWS 1</b>
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Microsoft has been on a mission to bring Artificial Intelligence (AI) to its end-user programs, and it looks like the tech giant is on the brink of a major breakthrough. From the looks of it, Microsoft is planning to integrate OpenAI's technology into its Office apps, such as Word, PowerPoint and Outlook, to create a more intuitive user experience.

The OpenAI capabilities are set to include a ChatGPT-like chatbot and other language models, which could prove to be a game-changer in the way people interact with their Office apps. The chatbot would be able to respond to queries, creating a more immersive and interactive experience.

Meanwhile, the tech giant isn't the only company that's looking to make the most of AI technology. Reports suggest that the web browser Opera is also planning on integrating generative AI capabilities into its web browser, which could potentially revolutionize the way we browse the internet.

These advances in AI technology from Microsoft and other companies are certainly exciting and show that we are on the cusp of a new era where AI is integrated into everyday tasks. Whether it's using an AI-powered chatbot to answer questions or using AI to improve web browsing, AI is quickly becoming a part of our lives in new and interesting ways.

<b>STINGER</b>	<b>NEWS 2</b>
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The Realme GT Neo 5, the latest smartphone released by Chinese company Realme, is making a bold claim to have the fastest charging capability of any smartphone ever released. According to GSM Arena,

the advertised speed is 0 to 50 per cent in four minutes and 0 to 100 per cent in less than 10 minutes. That's thanks to a 240W fast charging capability.

That's a huge jump from the current crop of fast charging tech, which usually maxes out at around 20W. But the GT Neo 5 is packing a 4600 mAh battery, so it can handle the extra wattage just fine.

Still, the fact that the battery is non-removable means that you won't be able to swap out the battery if it starts to degrade over time. That means that we'll have to wait to see just how long the GT Neo 5's charging capability will last.

But if Realme's claims are true, then the GT Neo 5 will be one of the fastest chargers on the market. It could be the perfect choice for people who want a phone that can keep up with their busy lifestyles.

The GT Neo 5 isn't just about charging speed, either. It's also a powerful phone. It's powered by a Qualcomm Snapdragon 888 processor and has a 6.55-inch OLED display with a 120Hz refresh rate. It also has a triple-camera setup with a 64MP main shooter, an 8MP wide-angle lens, and a 2MP macro lens.

**STINGER**

**NEWS 3**

Monash University in Victoria has set a new milestone for Australian universities by becoming the first to ditch student ID cards in favour of a digital M-Pass ID.

At the start of orientation week, the university has launched the digital M-Pass ID and students will no longer need to carry physical cards around campus. Instead, students and staff can access buildings and other facilities with a simple tap of their smartphones or Apple Watch.

This groundbreaking technology works with iPhone, Apple Watch and Android devices, and can be added to Apple and Google Wallets using NFC (Near Field Communication) technology.

The move by Monash University marks an impressive feat, as no other university in Australia has attempted it before. Peter Marshall, chief operating officer and senior vice-president at Monash University, said it was a proud moment for the institution.

The M-Pass ID is incredibly convenient and secure, however, as with all technology, there's always the risk of your device being damaged. This is particularly pertinent if you're an unlucky victim of a phone-in-water incident. Thankfully, the university has considered this, and provides a backup code in case of emergency. Each time someone logs in with their M-Pass, they are given a unique, single-use access code. This code can be used in place of the M-Pass if their device is lost, stolen, or otherwise incapacitated.

**STINGER**

**NEWS 4**

Artificial Intelligence (AI) is becoming an increasingly popular, and effective tool in the fight against cyber crime. In this area - specifically:

AI can be used to proactively protect against cyber attacks by detecting and responding to malicious activity before it becomes a serious problem.

AI can use sophisticated machine learning algorithms which can detect patterns in data and flag any suspicious activity, so malware, unauthorised access and phishing attacks may be intercepted before they become a problem.

AI can be used as a form of automated security by responding to cyber threats in real time. Ongoing monitoring of network traffic, issuing warnings and automatically closing down connections becomes a real possibility.

Going forward, AI can learn from past attacks by identifying patterns and creating preemptive responses to future attacks.

<b>SONG</b>	
<b>ADS</b>	

<b>8a</b>	<b>DEEP DIVE A - Medical Research Online</b>
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Doing medical research online has become increasingly popular in recent years as it provides a convenient, efficient and cost-effective way to access relevant information and data. Online medical research can be conducted in a variety of ways, from searching for existing data to conducting surveys and collecting data from medical journals, patient records and other sources.

Disclaimer

It is not the intention of NLM to provide specific medical advice but rather to provide users with information to better understand their health and their diagnosed disorders. Specific medical advice will not be provided.

That said, one of the most popular options for conducting medical research online is through the use of online databases. These databases provide extensive information on medical topics and make it easy to find relevant articles and studies.

Medlineplus.gov

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Medline includes: Health Topics, Drugs and Supplements, Genetics, Medical Tests and Encyclopedia

Pubmed.gov - journals and papers provided by U.S. National Library of Medicine (NLM). There is an advanced filter to search on a number of publication related criteria. There is an excellent user guide with FAQs.

Medical Journal of Australia - [mja.com.au](http://mja.com.au) and [onlinelibrary.wiley.com/journal/13265377](http://onlinelibrary.wiley.com/journal/13265377). There is also a bi-monthly magazine available online and podcasts.

The Medical Journal of Australia (MJA) was first published in 1914 and boasts over 335,000 monthly views online. MJA publishes the latest Australian clinical research, evidence-based reviews, clinical practice updates, authoritative medical opinion and debate, and developments within the humanities with respect to medicine. They encourage comment and debate from their readers and the articles have been free to view since 2012.

New England Journal of Medicine - [nejm.org/](http://nejm.org/). They feature a number of specialities and an extensive list of topics and search options.

The New England Journal of Medicine (NEJM) is recognized as the world's leading medical journal and website. Published continuously for over 200 years, NEJM delivers high-quality, peer-reviewed research and interactive clinical content to physicians, educators, researchers, and the global medical community.

Today, NEJM is the most widely read, cited, and influential general medical periodical in the world. More than a million people from nearly every country read NEJM in print and online each week.

Each year, NEJM receives more than 16,000 research and other submissions for consideration for publication. About 5% of original research submissions achieve publication by NEJM; more than half originate from outside the U.S.

[Medscape.com](http://Medscape.com) - news and pill identifier (cool!). Has a drug interaction checker and videos. Wait for it... There's a section called [Decision Point](#) which includes Cardiology, Diabetes/Endocrinology, Oncology, Critical Care, HIV, Psychiatry, Rheumatology, dermatology, Neurology and Pulmonology. You click through various bubble charts to deliver the relevant decision point and guidelines from a number of expert contributors.

[Webmd](http://Webmd) - The WebMD content staff blends award-winning expertise in medicine, journalism, health communication and content creation to bring you the best health information possible with MedicineNet.com being frequent contributors. The site includes news and info with a search facility. You can also drill down on a list of common conditions, look at drugs, supplements, interactions, articles on health and wellbeing and a system checker. The checker lets you click on a picture of the body to highlight the area of concern, add any medications and give you a rundown on what you've got and what you can do about it.

[Drugs.com](http://Drugs.com) - The largest, most widely visited, independent medicine information website available on the Internet. Their aim is to be the Internet's most trusted resource for drug and related health information. Achieved by presenting independent, objective, comprehensive and up-to-date information in a clear and concise format for both consumers and healthcare professionals. Drugs.com features drugs A-Z, pill identifiers, interaction checkers, news and alerts and more.

<b>SONG</b>	
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<b>4</b>	<b>TECH HISTORY - WHAT HAPPENED THIS WEEK</b>
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February 15, 2005

The now-ubiquitous video sharing site, [YouTube](http://YouTube), is launched. Few web sites have had such an immediate impact on our usage of the Internet. Less than 2 years after its launch, Google paid \$1.65 billion dollars to purchase it. Today, it only trails Facebook, Google, and Gmail as the most visited web sites in the world.

February 16, 1984

IBM introduces the [IBM Portable Personal Computer](#), an early portable computer. It featured a 4.77MHz Intel 8088 processor, 256KB RAM, a 9 inch amber monitor, a 5.25" floppy drive, and the DOS 2.1 operating system. It weighed 30 pounds and cost \$2,795.

February 22, 1924

The [first presidential radio address](#) is delivered by Calvin Coolidge. Broadcast from the White House, the talk is carried on five stations with an estimated five million listeners.

<b>5</b>	<b>MUSIC HISTORY - WHAT HAPPENED THIS WEEK</b>
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Born on this day ...18 Feb 1954

John Travolta, American actor, singer, who had the 1978 UK & US No.1 single with Olivia Newton John, 'You're The One That I Want'. The track topped the UK Singles Chart for nine weeks in the summer of 1978 and as of 2008, is still the sixth best-selling single ever in the UK where it has sold over 2,015,000 copies. His mother and his sister Ann appeared as extras in Saturday Night Fever and his sister Ellen appeared as a waitress in Grease.

On this day - 18 Feb 2009

Michael Jackson's management team announced that The King Of Pop was set to auction off his American Music Award for Thriller, his Gold and Platinum records, a Rolls Royce limousine, a customised Harley Davidson, a velvet cape given to him by his children for Father's Day in 1998, a pair of rhinestone-trimmed socks from 1981, a basketball signed by Michael Jordan and his own original artwork.

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<b>8b</b>	<b>DEEP DIVE B</b>
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Youtube for visual treatments (monkey see) my mum knee treatments qigong

Search for "Who Are The Medical YouTubers?" Medlife Crisis channel and watch the video for a list of potential candidates.

TED talks search or explore topics: <https://www.ted.com/topics/medicine>

TED began in 1984 as a conference where Technology, Entertainment and Design converged, but today it spans a multitude of worldwide communities and initiatives exploring everything from science and business to education, arts and global issues.

Podcasts .mja.com.au/podcasts

Of course there are apps.

What apps can you use to help with research and diagnosis?

- Medisafe Pill Reminder
- MySymptoms food diary and symptoms tracker
- MyFitnessPal
- WebMD
- AppleHealth
- MedicalID - Android
- Google Fit
- Headspace - mindfulness

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<b>6</b>	<b>IN OUR SOCIALS</b>
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Community Service Announcements

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